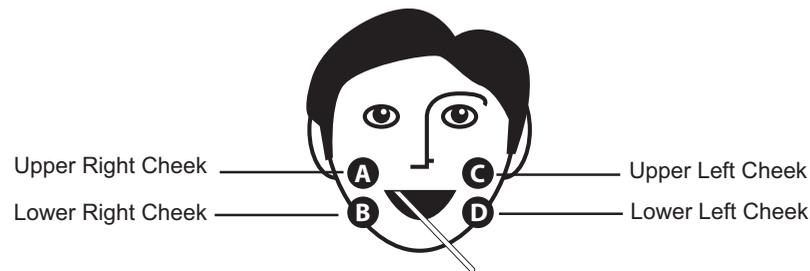


Buccal Swab Collection Procedure: please read carefully through the entire set of instructions before collecting your samples. If you have any questions, please call us toll-free at 1-866-537-7700, extension 5821.

1. Complete identification/signature fields on your test requisition form. Add the date you are collecting the sample in the field indicated. Use blue or black permanent ink pen only.
2. Write the date you are collecting the samples, in this format yyyy-mm-dd, on each of the labels provided. If labels are missing or damaged, you can create a label for each swab. Each label must include: First and Last Name, I.D. Number (located at the top of the test requisition form), and the date the samples are collected. Errors: Cross out any incorrect information with a single line. Record the correct information. Initial and date the correction.
3. Remove one swab at a time from the package. Do not allow swabs to touch any surface prior to collection.
4. Attach label to handle of swab (like a flag on the end opposite the cotton tip).
5. Collect one swab at a time. Use one swab for each cheek quadrant (top left, bottom left, top right, bottom right).
6. Swallow before collecting each swab. Open mouth and insert swab. Using pressure, brush cotton surface for 20-30 seconds against inner surface of top right section of your inner cheek. Press labelled swab into foam slit in foam holder.



7. Repeat steps 3-6, using a swab for the remaining 3 sections of your inner cheek (bottom right, top left, bottom left).
8. Close cardboard holder to cover used swabs and insert into the addressed envelope provided.
9. Insert your completed test requisition form into the same addressed envelope containing the cardboard swab holder. (Be careful not to touch requisition to swabs). Seal envelope and mail to Canadian Blood Services as soon as possible.

Thank you for joining OneMatch Stem Cell and Marrow Network. You could be the one match that saves a life.

